

THE CHARGER EXPERIENCE



WE ENDEAVOR TO DELIVER AN EXCEPTIONAL, DISTINCTIVE, AND TRANSFORMATIVE EXPERIENCE!

We support your student by:

- Creating opportunities for student engagement outside of the classroom.
- Providing life & career-readiness opportunities.
- Monitoring students' holistic development.
- Fostering a campus culture where everyone can thrive.







OUR CORE VALUES

Student Centered: We place student success at the center of our decisions and activities to cultivate their full academic & personal potential.

Engaged & Inclusive Community: We foster and celebrate diversity, inclusion, equity and access, striving for continuous improvement.

Impactful Education: We intentionally engage our students in experiential education to prepare them for purposeful and fulfilling lives in a global society.

The Myatt Center for Diversity and Inclusion serves as a resource in the Charger community to celebrate our commonalities and our differences in ways that bring us together.

We appreciate the individuality of our students and welcome all identities.

STUDENT ENGAGEMENT & SUPPORT

University of New Haven



SOAR

STUDENT ENGAGEMENT

Student engagement is a key element of a positive campus climate and is linked to academic and social achievement.

- Student engagement significantly affects positive student growth.
- A student's major and career interests can create a need to participate in co-curricular programs.
- The academic and personal connection can create and sustain co-curricular involvement.
- The benefits of co-curricular involvement are related to community, personal growth, and personal interests.



STUDENT PARTICIPATION



Exciting opportunities can provide purpose and build confidence

Why is it important to engage outside of the classroom?



Diverse programs to explore





Build connections & strengthen relationships



Programs are designed to be educational, challenging & enlightening



FUN!

STUDENT LEADERSHIP & ENGAGEMENT

- 100+ Recognized Student Organizations
 - Student Government
 - Honor Societies
 - Hobbies & Interest Groups
 - Career Focused, and more!
- Fraternity and Sorority Life
- Late Night Programming
- Civic Engagement (Community Service)
- Commuter Programming



RESIDENTIAL STUDENT ENGAGEMENT

COMMUNITY • CONNECTION • BELONGING







- Residential Curriculum
 - Intentional enrichment activities designed to bolster students' knowledge & competency development
- Area Coordinator & Residential Assistant Programming
 - Building community on campus
 - On-Call Professional & Peer Support
- Enhanced Learning Communities (ELCs)
- Residence Hall Association (RHA)
- Student Leadership & Employment Opportunities

ATHLETICS & RECREATION

ChargerREC @ Beckerman Recreation Center

- All services for commuters and residential students: ID is required!**
- GroupX fitness classes weekly: Yoga, Spinning, Zumba
- Drop in/informal recreation: badminton, basketball, etc.
- Variety of fitness equipment and indoor track
- Intramural Sports: compete against fellow students
- Club Sports: Develop leadership skills while continuing your sport or try a new one. Compete against other colleges & university club teams
- Student Employment

New Haven Athletics: Welcome to Charger Nation!

@UNewHavenChargers



Benefits of Movement, **Exercise & Play**

- Improved sleep
 - Reduce stress
- Connect with others

- Increase energy
- Improve memory and creativity



Having FUN!



CAREER DEVELOPMENT CENTER

Advising – Preparation – Connection

Life & Career Readiness

Skill Articulation

Application Materials

Resume & Interview Training

Partnerships & Connections

Career Fairs & Networking

Classroom Presentations

Readiness & Internship Support

Job Placement Support

Candidate submission to Roles

UPLOAD your resume into Handshake
UPSKILL your career readiness
UPDATE your resume for talent placement



EMPLOYER RELATIONS

- Career Fairs & Networking Sessions
- Strategic Partnerships
- Job & Internship Postings
- Funded Internship Programs
- Alumni Networks
- Employer Meet & Greets
- Corporate Trips
- Direct Hire Opportunities
- Sponsored Programs & Courses
- And more!

CAMPUS RECRUITING

- Helping Hands Nonprofit Internships
- Bergami Summer Intern Program
- U.S. Secret Service Initiative
- National Security Agency Partnership
- Life Science Sprints Internship Program
- General Dynamics Electric Boat Pipeline
- STEM Internship & Career Fair
- Criminal Justice Internship & Career Fair
- Sports Industry Fair, Healthcare Fair, and More!

Handshake

- National system for jobs, internships, and career events
- Thousands of open internships and jobs around the country
- Make appointments with Career Center
- Upcoming Events Career Prep and Recruiting
- Employer hosted events and information sessions
- Mobile app for students
- Career Resource Library
- Employers reach out to students for opportunities!
- Modern, engaging, and integrated across campus

Get the job done

Students

Launch the next step in your career.

Employers

Hire the next generation of talent.

Career Centers

Bring the best jobs to your students.

Learn More



University of New Haven

UNewHaven Login



You can also sign in with your email address.
(Please use your .edu address, if applicable.)

Job hunt on the go with the Handshake app

Download the app on iPhone or Android to be the first to know about new jobs.



INTERNSHIPS

<u>Academic Requirements</u>

Internships may be required but all programs have for-credit options. Minimum work hours, reflection papers or weekly logs, final report or presentation

Paid or Unpaid?

Depends on employer, industry, and legal requirements. All interns can be paid, regardless of whether they are earning credit.

Registration & Tuition Policies

Internships for credit require course registration. Summer internships can be added to Fall schedule.

Charges can be incurred if over 17 credits or if taken during summer or intersession.



INTERNSHIPS

Support is Available:

- All career fairs and recruiting events include employers looking to fill their internships
- Internship postings in Handshake
- Career Center: prep, connections, postings, placement
- Many faculty assist with connections and listings
- Peer-to-Peer networking connections
- University Partnership Programs Direct Placement

Students manage their internship search

- Plan and prepare
- Get Application Ready
- Attend employer events
- Engage faculty early on
- Work with Career Center
- Build a LinkedIn profile
- Start applying early
- Connect with Partners



STUDENT HOLISTIC DEVELOPMENT

The University provides a robust support system that connects and empowers all students as they navigate their academic and personal journeys.

We aspire to create welcoming and inclusive environments by helping students navigate their collegiate experience, develop resilience, and make meaning of their unique experiences.

SOAR • 2025

STUDENT HOLISTIC CARE MODEL

Discomfort

To be expected when experiencing a new change or different setting; May be feeling uncomfortable, sad or worried

Distress

Difficulty adjusting to an environment, despite using typical coping skills and supports; May benefit from additional support

Despair

Struggling to engage despite
use of additional supports:
Coping skills may be inaccessible or ineffective;
Experiencing a decline in overall well-being.

Managing Discomfort

Explore daily habits; Lean on effective coping strategies; Focus on overall well-being & existing supports

Overcoming Distress

Connect with on-campus support services; Learn new strategies to cope; Develop a broader support network;

Getting Help

Identify professional support options on- and off-campus

Try out these suggestions!

Build a toolbox of coping skills

Connect with those you know & make an
effort to meet new people; attend
campus events, visit an RSO meeting,
visit resources such as campus
recreation;

Attend Peer-led support group, visit supportive services (Dean of Students, Advisor, CSS, CLR, ARC, Myatt Center, dietician (dining services); try a stress reduction app; plan study sessions with friends;

Learn the locations of Health Center,
Counseling & Psychological Services & the
local pharmacy;
Call and make an appointment at CAPS or
Health Services;
Check out Thriving Campus for
off campus care;

ESTABLISHING HOLISTIC CARE







University of New Haven



Athletic Training – Sports Medicine & Rehabilitation Counseling & Psychological Services Health Services Center



University of New Haven

FIRST-YEAR STUDENT TRANSITION PROGRAMS

Early Arrival & Year-Long Programs

SOAR ← 2025

DREAM: Defeating Roadblocks in Education through Awareness and Mentoring

- Accessibility Resources Center
- "How Do I Workshops" for academic success
- Application due August 1st
- For more information, visit your students Roadmap or email arc@newhaven.edu

FIRST: Fostering Intentional Relationships for Successful Transition

- Collaborative program hosted by CSELO, DOS & the Myatt Center
- Students who are first in their families to attend college, multicultural students, and students who may have difficulty transitioning to college are welcome to apply.
- Program begins with a summer bridge experience in August, and continues with ongoing mentorship, advising, and events throughout the year.
- Application due July 28
- For more information, email <u>first@newhaven.edu</u>

Men's Collective

- A mentoring program for male-identifying students of color supported by faculty & staff.
- · Participation includes biweekly mentoring, advising, and monthly supporting programming;
- For more information, email mc@newhaven.edu

CAMPUS DINING EXPERIENCE

Charger Pride Meal Plan *required first year plan*

- 21 meal swipes per week at dining halls (Marketplace and FoD)
- Food Truck swipes & 6 Guest Meal Passes
- \$200 Dining Dollars, \$50 FLEX Dollars

Large Array of Dining Options

- 2 resident dining halls
 - The Marketplace All you care to eat
 - Food On Demand Made to order
- 11 Retail Dining Locations
- Mobile order-ahead for pickup with GrubHub



Additional Offerings

- Allergy Aware & Plant-Based offerings
- Reusable To-Go container program
- Feedback opportunities Dining Committee, Surveys + more!

Juan Dominguez

General Manager of Dining diningservices@newhaven.edu 203-479-4893

Sam Standish MS, RDN, CDN, CIEC Registered Dietitian sstandish@newhaven.edu 203-836-4559



FOLLOW DINING



WWW.NEWHAVEN.EDU/DINING

BEFORE YOU LEAVE TODAY, THINGS YOU SHOULD KNOW!

FIRST-YEAR TRANSITION PROGRAMS

FIRST Program:

Early Arrival Program: August 16 – 19

Apply to Participate By: July 28

• DREAM Program:

• Early Arrival Program: August 18 – 19

Apply to Participate By: August 1

CHARGE IN & RESIDENTIAL MOVE-IN

Charlie's Fast Pass:

Residential Student Move-In:

Commuter Return to Campus:

Charge In Orientation:

• All incoming students

August 16

August 20

August 21

August 21 – 24

THE WELCOME EXPERIENCE

August 25 – September 5, 2025

- Involvement Fair
- Facebook Live Events for Families
- Residential, Commuter & Myatt Center Events
- Late Night Events
- Recognized Student Organization Events

IMPORTANT DATES

- ARC Accommodations:
- Health Insurance Waiver:
- Student Health Records:
- Family Day:
- Homecoming:

Apply NOW!

July 31

August 1

September 20

October 4

University of New Haven

DAY 2 REMINDERS

Family Meet Up & Info Table

9:30 am – 12:00 pm, Beckerman Rec Center

Rotating Sessions

Begin at 10:00 am, Bergami Innovation Center

- Understanding Healthcare & Wellness
- Student Academic Support
- Supporting Residential Students
- Commuter & Off-Campus Program
- Accessibility Resources Center
- Campus Safety

Resource Fair

10:00 am – 12:45 pm, Beckerman Rec Center



Contact Information

Office of the Dean of Students

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Center for Student Engagement, Leadership & Orientation

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Career Development Center

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Accessibility Resource Center

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Counseling & Psychological Services

Ralph Dodd, Regional Director of Collegiate Counseling ralph.dodd@hhchealth.org

Charger Recreation

Jessica Scibek, Director iscibek@newhaven.edu

Dining Services

Juan Dominguez, General Manager
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