

University of New Haven Department of Psychology
Clinical Mental Health Counseling, M.A.
Annual Report 2023-2024



The Clinical Mental Health Counseling (CMHC) program presents the annual report for the academic year 2023-2024. This report highlights program evaluation results, program modifications, and other substantial program changes. Sections A-F included in this report represent outcomes of the Program's Evaluation. These sections address either *Student Development Outcomes* (i.e., sections C, D, and F) or *Program Performance Measures* (i.e., sections A, B, C, D and E). Sections G and H, at the end of this report, address student leadership and program modifications, respectively.

Section A.

Admissions and Graduation Rates

Academic Year	Started in Cohort	Graduated in 2 years	Graduated in 3 years	Graduated in 4+ years	Still Enrolled in Spring 2024	Graduation Rate
2018-2019	15	8	2	2	0	80.0%
2019-2020	18	6	3	1	0	55.6%
2020-2021	15	9	1	0	0	66.7%
2021-2022*	52	18	0	0	18	34.6%
2022-2023*	61	0	0	0	44	0.0%
2023-2024*	47	1	0	0	41	2.1%

*A note that the online, part-time program began in 2021, resulting in an increase of cohort numbers and students still progressing through the online program at the part-time rate. This contributes to the low graduation rate.

Section B.

CMHC Student Demographics

The tables below highlight several dimensions of our student's diversity. We are glad to highlight our areas of diversity while simultaneously recognizing that not all domains of student diversity are reflected in this selected data. Percentages are rounded to the nearest tenth.

GENDER

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Female	94.5%	78.8%	87.8%	89.2%	90%	86.5%
Male	5.5%	15.2%	9.8%	10.8%	10%	11.9%
Not Reported	0%	6%	2.4%	0%	0%	1.6%

AGE

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
20-21	5.5%	6.0%	2.4%	3.1%	5.0%	4.0%
22-24	50%	45.5%	53.7%	53.8%	46.0%	38.1%
25-29	16.6%	27.3%	19.5%	26.2%	23.0%	34.9%
30-34	5.5%	12.1%	12.3%	10.8%	8.0%	6.3%
35-39	11.2%	3.0%	7.3%	3.1%	9.0%	9.5%
40-49	11.2%	3.0%	2.4%	0.0%	4.0%	0.8%
50-64	0.0%	3.0%	2.4%	3.1%	5.0%	6.3%

ETHNICITY

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Asian	5.6%	3.0%	4.9%	3.1%	4.0%	5.6%
Black/African American	11.1%	15.2%	12.2%	21.5%	15.0%	8.7%
Hispanic	22.2%	15.2%	12.2%	16.9%	22.0%	17.5%
Ethnicity Unknown	0.0%	0.0%	2.4%	1.5%	1.0%	0.8%
Two or more races	5.6%	6.0%	9.8%	6.2%	5.0%	2.4%
US Non-Resident	11.1%	3.0%	2.4%	1.5%	2.0%	5.8%
White	44.4%	57.6%	56.1%	49.2%	51.0%	60.3%

INTERNATIONAL STATUS

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Domestic	88.9%	97.0%	97.6%	98.5%	98.0%	95.2%
International	11.1%	3.0%	2.4%	1.5%	2.0%	4.8%

FIRST GENERATION STUDENTS

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
First Gen	27.8%	33.3%	31.7%	26.1%	29.0%	28.6%
Not First Gen	55.6%	57.7%	58.5%	66.2%	53.0%	33.3%
Not Reported	16.6%	9.0%	9.8%	7.7%	18.0%	38.1%

Section C.

CMHC Fieldwork Data

AY 23-24 Supervisor Evaluation of Fieldwork Students

Site Supervisors are asked to complete an evaluation of their student interns at the end of each fieldwork semester. The table below shows average scores, across all students, for AY 23-24. Scores are separated by student level to show distinct averages for practicum, internship 1 and internship 2 students. The verbiage below shows the focus area of each section, number of items, and possible range of scores for each section.

Section 1: **Personal Behavior** – average of 9 items with score range 0-4.

Section 2: **Professional Behavior** – average of 8 items with score range 0-4.

Section 3: **Professional Ethics** – average of 4 items with score range 0-4.

Section 4: **Administrative Operations** – average of 4 items with score range 0-4.

Section 5: **Assessment** – average of 12 items with score range 0-4.

Section 6: **Foundational Counseling Skills** – average of 12 items with score range 0-4.

Section 7: **Referral and Advocacy** – average of 3 items with score range 0-4.

Section 8: **Multicultural Competency** – average of 6 items with score range 0-4.

Section 9: **Treatment planning, Research, and Evaluation** – average of 3 items with score range 0-4.

Section 10: **Counseling Dispositions** – average of 10 items with score range 0-5.

Evaluation Section	Practicum	Internship 1	Internship 2
Section 1	3.46 (86.5%)	3.54 (88.5%)	3.70 (92.5%)
Section 2	3.65 (91.3%)	3.62 (90.5%)	3.85 (96.3%)
Section 3	3.53 (88.3%)	3.55 (88.8%)	3.72 (93.0%)
Section 4	3.31 (83.1%)	3.32 (83.0%)	3.73 (93.3%)
Section 5	3.09 (77.1%)	3.32 (83.0%)	3.66 (91.5%)
Section 6	3.38 (84.5%)	3.51 (88.1%)	3.74 (93.5%)
Section 7	3.21 (80.3%)	3.40 (85.0%)	3.74 (93.5%)
Section 8	3.50 (87.5%)	3.54 (88.5%)	3.78 (94.5%)
Section. 9	3.05 (76.3%)	3.40 (85.0%)	3.68 (92.0%)
Section. 10	4.48 (89.6%)	4.52 (90.4%)	4.8 (96.0%)
Score Total (average out of 100%)	85.14%	88.92%	94.06%

Section D.

National Certification Exams

The National Board of Certified Counselors maintains data from all persons who took national certification exams, by semester. The data for our CMHC program is shown below beside national data trends for comparison. As evidenced here, our CMHC students and alumni outperform the national averages in many areas.



Descriptive Statistics for University of New Haven

Program: Clinical Mental Health Counseling

National Counselor Examination			
Examination Cycle:	Spring 2024		
Number Tested Nationally:	3960	Number Tested in Program:	1
Number Passed Nationally:	3662	Number Passed in Program:	0
National Pass Rate:	92%	Program Pass Rate:	0%

Work Behaviors and Domains					
	Items	University Results		National Results	
		Mean	Std Dev	Mean	Std Dev
Professional Practice and Ethics	19	4.0		12.0	3.2
Intake, Assessment and Diagnosis	19	10.0		13.8	2.7
Areas of Clinical Focus	47	33.0		33.9	5.4
Treatment Planning	14	9.0		10.2	2.0
Counseling Skills and Interventions	48	20.0		32.5	5.9
Core Counseling Attributes	13	6.0		9.7	2.0
Score	160	82.0		112.5	17.1

CACREP Content Areas				
	University Results		National Results	
	Mean	Std Dev	Mean	Std Dev
Professional Counseling Orientation and Ethical Practice	3.0		8.5	2.1
Social and Cultural Diversity	5.0		6.7	1.9
Human Growth and Development	14.0		10.6	2.6
Career Development	6.0		8.0	2.7
Counseling and Helping Relationships	26.0		40.4	7.5
Group Counseling and Group Work	9.0		13.2	3.1
Assessment and Testing	16.0		22.3	4.4
Research and Program Evaluation	3.0		2.5	1.2
Score	82.0		112.5	17.1



Descriptive Statistics for University of New Haven

Program: Clinical Mental Health Counseling

National Counselor Examination			
Examination Cycle:	Fall 2024		
Number Tested Nationally:	3656	Number Tested in Program:	5
Number Passed Nationally:	3089	Number Passed in Program:	5
National Pass Rate:	84%	Program Pass Rate:	100%

Work Behaviors and Domains					
	Items	University Results		National Results	
		Mean	Std Dev	Mean	Std Dev
Professional Practice and Ethics	19	13.6	0.9	11.5	3.1
Intake, Assessment and Diagnosis	19	14.8	2.6	13.3	2.8
Areas of Clinical Focus	47	34.8	2.8	33.3	5.4
Treatment Planning	14	10.0	2.9	10.1	2.0
Counseling Skills and Interventions	48	35.0	2.2	30.8	5.9
Core Counseling Attributes	13	10.8	2.2	9.4	2.1
Score	160	119.0	11.2	108.4	17.2

CACREP Content Areas				
	University Results		National Results	
	Mean	Std Dev	Mean	Std Dev
Professional Counseling Orientation and Ethical Practice	8.8	1.6	7.3	1.9
Social and Cultural Diversity	5.8	1.3	6.5	1.9
Human Growth and Development	10.2	2.3	10.4	2.5
Career Development	7.8	2.6	7.3	2.8
Counseling and Helping Relationships	44.4	5.5	40.3	7.7
Group Counseling and Group Work	15.8	2.2	12.4	3.1
Assessment and Testing	23.2	3.6	21.8	4.4
Research and Program Evaluation	3.0	0.7	2.3	1.2
Score	119.0	11.2	108.4	17.2

Section E.

Alumni Data

The Career Development Center at UNH retains alumni data related to employment. Their data shows that 100% of CMHC graduates since 2021 are employed either part time or full time. Many have gone on to pursue additional graduate study.

	2021 (n=7)	2022 (n=10)	2023 (n=18)	2024 (n=13)
% Employed FT	100	80	80	46.15
% Employed PT	0	0	20	0
% Attending Continuing Education	0	10	0	53.85
% Unemployed	0	0	0	0
% Employed in Field of Study	85.71	100	100	100

In addition, the CMHC program Faculty developed a survey for alumni that is sent out annually to understand trends among successful graduates. Results include 18 alumni responses from classes of 2020 (n=1), 2022 (n=4), and 2023 (n=13). Survey respondents noted general satisfaction with CMHC program preparedness measures across domains (i.e., diversity, professional development and identity, counseling skills, etc.). One area for growth in program delivery, as identified by Alumni, is providing greater preparedness related to policy and leadership as well as professional identity.

Regarding employment, 10% of participants report being in their current position for 3+ years, while 40% report 1-2 years and 50% report being in their current position for less than one year. Further, 80% report finding a job position in the mental health field, while others report issues with career timing (5%) and going back to school (5%). Alumni reported a range in salary from \$30k to over \$70k. Most are provisionally or fully licensed.

Section F.

Annual Student Reviews

At the end of each spring semester, all students in the CMHC program engage in an annual review process where students are expected to complete a self-review survey. Faculty also meet to discuss students' performance, individually, and feedback is provided directly to each student. Each student in the program is sorted in to one of 3 categories: good - meets expectations, fair – improvements suggested, poor – improvements required. Students coded as fair and poor receive a meeting with identified faculty and/or a formal remediation plan for target improvement areas. Out of 111 students enrolled in the CMHC program during AY 23-24, 49 (44%) students completed the self-evaluation survey in Qualtrics. Overall, 104 (94%) students were coded as “good – meets expectations,” 6 (5%) were “fair – improvements suggested,” and 1 (.01%) was deemed “poor – improvements

required,” wherein a remediation plan was developed and carried out by identified faculty.

Section G.

Student Leadership and Accomplishments

- During the 2023-2024 academic year Camryn Debose (Class of 2024) served in Connecticut statewide leadership as the University of New Haven’s Connecticut Association for Counselor Education and Supervision (CACES) Student Representative.
- During the 2022-2023 academic year Samiah Green (Class of 2023) served in Connecticut statewide leadership as the University of New Haven’s Connecticut Association for Counselor Education and Supervision (CACES) Student Representative.
- During the 2021-2022 academic year Chakara(?) (Class of) served in Connecticut statewide leadership as the University of New Haven’s Connecticut Association for Counselor Education and Supervision (CACES) Student Representative.

Section H.

Program Modifications

During the 2023-2024 academic year the CMHC program developed and/or implemented the following modifications:

- Applied for CACREP (Council for Accreditation of Counseling and Related Educational Programs) accreditation.
- Began providing Licensure and Credentialing lecture for all program students in Counseling Internship II (COUN 6692) each semester.
- 3rd annual Residency week for online students during the first week of June (3-7) in Summer 2024.
- 1st annual advisory board meeting with key site supervisors and faculty to discuss program strengths and areas for improvement held on June 6, 2024.
- 1st annual program mixer with current students from the on-ground and online programs, alumni, site supervisors, and faculty held on June 6, 2024.
- Hosted a CACREP in-person Site Visit in July, 2024.